

# Health Solutions

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**Welcome** to our office. Please take a few minutes to fill out this form as completely as you can. If you have questions we'll be glad to help you. We look forward to working with you in improving and maintaining your health.

## Patient Information

Today's date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Name \_\_\_\_\_ Social Sec. # \_\_\_\_\_  
Last First Initial

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Cell Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Sex  M  F Age \_\_\_\_ Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Single  Married  Separated  Divorced **Email address:** \_\_\_\_\_

Patient employed by \_\_\_\_\_ Occupation \_\_\_\_\_

Business Address \_\_\_\_\_ Business Phone # (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Whom may we thank for referring you to our office? \_\_\_\_\_

Notify in case of emergency \_\_\_\_\_ Relation \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

## Primary Insurance

Primary Insured: \_\_\_\_\_  
Last Name First Name Initial Relation to Patient

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Social Sec. # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Phone #: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

## Reason for Visit

Have you ever seen a chiropractor?  Yes  No If yes, when and why? \_\_\_\_\_

Describe your **PRIMARY** complaint and its location: \_\_\_\_\_

When did symptoms begin? \_\_\_\_\_ Have you had this condition in the past?  Yes  No

Is pain getting:  Worse  Better  Same  Comes and goes How often do you have this pain? \_\_\_\_\_

Have you been treated by a medical physician or any other professional for this condition?  Yes  No If yes, state name of doctor, also when and where? \_\_\_\_\_

Activities or movements difficult /painful to perform:  Sitting  Walking  Bending  Lying Down  Lifting  Standing

Type of Pain:  Sharp  Dull  Throbbing  Aching  Burning  Tingling  Numbness  Cramping  
 Stiffness  Swelling  Other \_\_\_\_\_

Is your pain interfering with:  Work  Sleep  Daily Routine  Recreation

Is there anything that makes the condition worse? \_\_\_\_\_

Any **OTHER** areas of pain or discomfort not mentioned above: \_\_\_\_\_

## Health History

Please list any medications (including pain killers) you are taking: \_\_\_\_\_

Please list & date any recent or past injuries/surgeries/auto accidents (i.e.: falls, broken bones, traumas, etc.): \_\_\_\_\_

List recreational activities and/or sports that you currently are involved in or have been involved in the past? \_\_\_\_\_

**Women:** Are you pregnant?  Yes  No If so, how far along? \_\_\_\_\_ Nursing?  Y  N  
Due date: \_\_\_\_\_

## Medical Conditions

Please check all of the following health conditions that apply to **YOU**?

- |  |   |                                     |  |   |  |
|--|---|-------------------------------------|--|---|--|
| <input type="checkbox"/> Heart Attack/Stroke     | <input type="checkbox"/> Neck Pain          | <input type="checkbox"/> Wrist Pain | <input type="checkbox"/> Ulcer/Colitis               | <input type="checkbox"/> Arthritis          | <input type="checkbox"/> Severe Frequent Headaches |
| <input type="checkbox"/> Congenital Heart Defect | <input type="checkbox"/> Jaw Pain           | <input type="checkbox"/> Arm Pain   | <input type="checkbox"/> Ringing Ears                | <input type="checkbox"/> Hepatitis          | <input type="checkbox"/> Seizures/Epilepsy         |
| <input type="checkbox"/> High Blood Pressure     | <input type="checkbox"/> Shoulder Pain      | <input type="checkbox"/> Shingles   | <input type="checkbox"/> Dizziness                   | <input type="checkbox"/> High Cholesterol   | <input type="checkbox"/> Psychiatric Issues        |
| <input type="checkbox"/> Diabetes/Tuberculosis   | <input type="checkbox"/> Low Back Pain      | <input type="checkbox"/> Cancer     | <input type="checkbox"/> Fainting                    | <input type="checkbox"/> Kidney Problem     | <input type="checkbox"/> Difficulty Breathing      |
| <input type="checkbox"/> Freq. Colds/Earaches    | <input type="checkbox"/> Leg Pain           | <input type="checkbox"/> Anemia     | <input type="checkbox"/> Gout                        | <input type="checkbox"/> Alcohol/Drug Abuse | <input type="checkbox"/> HIV(+)/ AIDS/ STD's       |
| <input type="checkbox"/> Artificial Bones/Joints | <input type="checkbox"/> Emphysema/Glaucoma |                                     | <input type="checkbox"/> Tingling, where? _____      |   |  |
| <input type="checkbox"/> Numbness, where? _____  |   |                                     | <input type="checkbox"/> Muscle Spasms, where? _____ |   |  |

## Lifestyle Information

Please list all nutritional supplements you are presently taking. \_\_\_\_\_

Are you aware of any allergic/sensitivity reactions toward any food items, air-borne particles, chemicals, perfumes, etc?  Yes  No

If yes, please list: \_\_\_\_\_

How much water do you drink in a day? \_\_\_\_\_ How much do you exercise and what type? \_\_\_\_\_

How do you rate your stress levels from 1-10 (1 – Lowest, 10 – Highest)? \_\_\_\_\_

## Authorization

I have reviewed the information on this questionnaire and it is accurate to the best of my knowledge. I understand that this information will be used by **Health Solutions** to help determine appropriate health services. If there is any change in my medical status, I will inform the doctor immediately. I also understand that all patient related information is kept strictly confidential by Health Solutions and released only by prior authorization of the patient or a legal guardian of the patient

I authorize my insurance company to pay Health Solutions all insurance benefits otherwise payable to me for services rendered. I authorize the use of this signature on all insurance submissions.

I authorize Health Solutions to release all information necessary to secure the payment of benefits. I understand that I am financially responsible for all charges whether or not paid by insurance.

**Signature** \_\_\_\_\_

**Date** \_\_\_\_/\_\_\_\_/\_\_\_\_

**\*\*Payment is due in full at the time services are rendered unless prior arrangements have been approved.\*\***