

PATIENT SUCCESS THROUGH CHIROPRACTIC

“Thank you for taking the time to share your experiences”

Name and Age: **Chris Knauff -- 17 years old**

What major complaint(s) or pain brought you to Health Solutions? The only major complaint or pain that I've experienced is being stiff, sore, worn out, or sick.

How long had you had this problem (s) prior to coming to Health Solutions? It wasn't really a problem; it was just affecting my daily performance being “out of line.”

How did this problem(s) affect your life, participation in sports or your job? It affected the way I played baseball at times because I wouldn't be at my optimal performance level. It kept me from being at my best at times.

How has chiropractic or nutrition helped your problem (s)? Both chiropractic and nutrition have helped me with being stiff, sore, or sick. The chiropractors at Health Solutions have helped me relieve my stiffness or soreness when I have it. Also, they've improved my overall alignment which has helped me with all aspects of my day: school, baseball (especially my pitching) and just being healthier. Health Solutions has also helped keep me healthy and away from the doctor's office by keeping me in good alignment, and with suggesting me to eat certain things with lots of healthy vitamins to keep me going at my best. The great people at Health Solutions have made my overall wellness better.

What would you like to share with those who may be somewhat hesitant or skeptical about chiropractic care? I was right there with you. At first, I was hesitant about going to a chiropractor. But, I finally tried it...and I realized how much better and healthier I felt after just a few visits. So don't be hesitant to try out a chiropractor, it will help you!